

Ultimate Nigerian Cookbook Over 65 Delicious Nigerian Recipes

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The Ultimate Nigerian Cookbook - Bookville

“ The Ultimate Nigerian Cookbook is so much more than an ordinary recipe book. The very best thing about this cookbook is that there are step by step directions with actual pictures of the delicious food being prepared ” - Kris Maulorico There are more than 65 authentic Nigerian recipes introduced in this book.

10 Best Nigerian Cookbooks To Learn About The Cuisine ...

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The Ultimate Nigerian Cookbook offers you information for preparing over 80 different Nigerian foods, tips for making healthy foods, simple and easy Nigerian recipes, Nigerian drinks, desserts, small chops, pastries; with step by step guide, full-colored images, etc. Are You Tired of Eating The Same Foods Over and Over Again?

The Ultimate Nigerian Cookbook... Make Better Foods

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Nigerian Food and Recipes - Part 16

4 / 11. guide full colored images etc' 'ULTIMATE NIGERIAN COOKBOOK ANEGBU CHY ANEGBU DAVID MAY 12TH, 2020 - THE ULTIMATE NIGERIAN COOKBOOK IS A STANDARD 132 PAGED GIANT COOKBOOK FOR MAKING DELICIOUS NIGERIAN FOODS THERE ARE OVER 65 DIFFERENT NIGERIAN RECIPES WITH STEP BY STEP INSTRUCTION THAT EVEN MY GRANNY COULD FOLLOW TO REPLICATE ALL OF THE AMAZING NIGERIAN FOODS YOU WILL FIND EASY TO FOLLOW RECIPES PLUS IMAGES THAT MAKE THE PROCESS A WHOLE LOT EASIER WITH THOUSANDS OF COPIES SOLD ALREADY ...

Ultimate Nigerian Cookbook Best Cookbook For Making ...

Ultimate Nigerian Cookbook: Over 65 Delicious Nigerian Recipes by Chy Anegbu The ultimate Nigerian cookbook is a standard 132 paged cookbook for making delicious Nigerian foods. There over 65 different Nigerian recipes with step by step guide and images that make the process a whole lot easier.

The ultimate Nigerian cookbook is a standard 132 paged giant cookbook for making delicious Nigerian foods. There are over 65 different Nigerian recipes with step by step instruction that even my granny could follow to replicate all of the amazing Nigerian foods. You will find easy to follow recipes plus images that make the process a whole lot easier. With thousands of copies sold already, I believe this is the best Nigerian cookbook in circulation. Whether you are a woman looking to surprise your man or perhaps you are a man looking to surprise your lady, this is the right Nigerian cookbook for you. There are easy recipes for beginners and more complex ones for you to try as you learn the ropes. There are 15 soup recipes, 5 rice recipes, 12 small chops and snack recipes, 6 drink recipes, 4 yam recipes, 5 breakfast recipes and so much more. The first five pages shows you how to make your food healthy while the last five pages explained most of the ingredients used in the book, you will learn about their alternate names and even how and where to purchase them. I like to say that you will make better and healthier Nigerian foods with the Ultimate Nigerian Cookbook You will also find tips for food decoration as well as a food menu that makes your day to day meal planning a breeze. This book contains everything I have learned about foods in the last twenty years; the good thing is that you can learn all of that in just one month or less. The Ultimate Nigerian Cookbook is made by the Nigerian Kitchen - best place in the world for making delicious Nigerian foods. My name is Chy Anegbu and I am a professional chef and a very popular Nigerian food blogger. I have written thousands of articles about Nigerian food recipes and reach out to thousands of people daily through my free weekly newsletters, facebook and two websites. The first five pages completely addressed the issue of healthy Nigerian foods, you will learn how to eliminate junk from your foods in order to ultimately improve your health and ensure longevity. Most importantly, you will learn what is junk.

This Nigerian cookbook explains how to make some of the most popular Nigerian foods using detailed step by step recipes and over 400 images. The focus was on native Nigerian food recipes that anyone anywhere could follow to make exact replicas of the foods in view. You will find recipes for: 12 Nigerian rice recipes 12 Nigerian soup recipes 11 Nigerian small chops/Pastries 5 Nigerian drink recipes 5 Nigerian yam recipes 4 Nigerian breakfast recipes 8 General Nigerian Recipes 4 swallow recipes There is more: Understanding and identifying Nigerian food ingredients has been a challenge for most people. In this Nigerian cookbook, ample space was given not only to showcase some of the most popular Nigerian food ingredients but also to explain their uses in Nigerian recipes. Whether you are new to Nigerian cooking or you are already a pro but looking to up your game, this cookbook features close to 70 different recipes from around Nigeria. There are so many options for you to choose from. You will find recipes for some of the most popular Nigerian foods Jollof rice, Fried rice, Tomato stew, Egusi soup, Porridge yam, Ewedu soup, Ukwa (breadfruit), Ofada sauce, Coconut rice, Pepper sauce, Oha soup, Ogbono soup, Miyan kuka, Nsala soup, Pap and fries, Edikaikong soup, Okro soup, Pepper soup, Porridge beans, Abacha (African salad), Moi moi, Carrot stew, Gbegiri soup, Eba, Pounded yam, Tuwo shinkafa, Meat pies, Chin chin, Egg rolls, Doughnuts, Gizdodo, Suya, Ewa agoyin, Akara (beans cake), Zobo drink, and over 30 others. My name is Chy Anegbu, I am an avid food blogger and have written thousands of articles about Nigerian foods. Over the last 12 years, I have made over one thousand pots of Nigerian foods and taken thousands of food photographs. Nigerian cookbook for beginners was written to share some of my most amazing recipes using methods that anybody would understand and easily resonate with.

Download File PDF Ultimate Nigerian Cookbook Over 65 Delicious Nigerian Recipes

The ultimate Nigerian cookbook (7th edition) shows you how to make more than 92 of the most popular Nigerian foods using over 500 photos and detailed step by step instruction. My name is Chy Anegbu, a professional chef and food blogger. I have spent the last 9 months reworking this Nigerian cookbook following recommendations and reviews received from previous editions. What we have is a 192 paged giant cookbook that shows you how to make more than 92 different Nigerian foods. The Ultimate Nigerian Cookbook features: 20 Nigerian soup recipes 14 Nigerian rice recipes 18 Nigerian small chops/Pastries 7 Nigerian drink recipes 6 Nigerian yam recipes 6 Nigerian breakfast recipes 15 Local Nigerian Recipes 4 swallow recipes It is a 192 paged cookbook with several other cooking tips and tricks. With thousands of copies sold already, our wonderful customers consider this the best Nigerian (west-African) cookbook in circulation Whether you are a woman looking to surprise your man or perhaps you are a man looking to surprise your lady, this is the right Nigerian cookery book for you. There are easy recipes for beginners and more complex ones for you to try as you learn the ropes. The first 12 pages featured tips on healthy Nigerian foods and explained most of the Nigerian ingredients and local spices used in this Nigerian cookbook. I like to say that you will make better and healthier Nigerian foods with the Ultimate Nigerian Cookbook. You will also find tips for food decoration as well as a food menu that makes your day to day meal planning a breeze. In this edition (7th edition), we updated all of the recipes in the sixth edition and added 14 more Nigerian recipes. The objective has always been to offer you clear, detailed, and easy to follow recipes. This 7th edition has 192 pages and 92 recipes, While the 6th edition (also sold by amazon) had just 78 recipes and 160 pages This book contains everything I have learned about foods in the last thirty years; the good thing is that you can learn all of that in just one month or less. I have written thousands of articles about Nigerian food recipes and reach out to thousands of people daily through my free weekly newsletters, food blog, and social handles. I have been a food blogger for 10+ years, so I understand what makes a great cookbook.

YOGIEGEE CULTURE is a Nigerian Cookbook written by Nigerian Celebrity Chef, Actress & Comedian Wofai Fada (IG: @wofaifada). Wofai owns and operates a popular restaurant called Just Afang and Yogiegee Lounge, located in Lagos State. Just Afang has been in operation since December 2018, serving delicious and finger-licking indigenous delicacies. This book contains over 25 Nigerian delicacies prepared and served at Just Afang Restaurant located in Lagos Nigeria. Some of the meals in this book were prepared in the Yogiegee Culture cooking show. Food List: Afang Soup, Edikaikong Soup, Egusi Soup, Okro Soup, Onugbu Soup (Bitter Leaf), Ogbonno Soup, Banga/Atama Soup, Ofe Nsala (White Soup), Editan Soup, Fisherman Soup, Pounded Yam, Fried Rice, Coconut Rice, Dodeye Special Rices & Beans, Okama Rice, Jollof Rice, Moi-Moi, Wofai Special, Egg Sauce, Tomatoes Stew, Ekpong, Ijarmon (Yam Porridge), Vegetable and Shrimp Sauce, Goat Meat & Yam Pepper Soup, Isi Ewu (Spicy Goat Head). 100% of the profit generated from the sales of this book will be used to provide free and healthy meals to orphans, single mothers, and widows affected by Covid-19 in Lagos, Nigeria. Yogiegee Culture Cookbook is published by Culture & Tradition Brand LLC (IG: @culturectb)

Join the conversation . . . With more than one hundred women restaurateurs, activists, food writers, professional chefs, and home cooks—all of whom are changing the world of food. Featuring essays, profiles, recipes, and more, *Why We Cook* is curated and illustrated by author and artist Lindsay Gardner, whose visual storytelling gifts bring nuance and insight into their words and their work, revealing the power of food to nourish, uplift, inspire curiosity, and effect change. “ Prepare to be blown away by Lindsay Gardner ’ s illustrations. Her gift as an artist is part of this fluid conversation about food with some of the most intriguing women, and you ’ ll never want it to end. *Why We Cook* highlights our voices and varied perspectives in and out of the kitchen and empowers us to reclaim our place in it. ” —Carla Hall, chef, television personality, and author of *Carla Hall ’ s Soul Food* “ *Why We Cook* is a wonderful, heartwarming antidote to these trying times, and a powerful testament to unity through food. ” —Anita Lo, chef and author of *Solo and Cooking Without Borders* “ This book is a beautiful object, but it ’ s also much more than that: an essay collection, a trove of recipes, a guidebook for how we might use food to fight for and further justice. The women in its pages remind us that it ’ s in the kitchen, in the field, and around the table that we do our most vital work as human beings—and that, now more than ever, we must. ” —Molly Wizenberg, author of *A Homemade Life* and *The Fixed Stars*

Nigeria is one of the most diverse countries in the world, so it's no surprise that there are a variety of unique cultures and people. This book takes the distinct attributes of each area and offers a wide range of recipes to create dishes that would be found among these culturally diverse communities. This cookbook teaches you new recipes for coconut balls, shrimp rice, chicken skewers, kidney bean soup with peanut sauce and classic peanut soup. Although it may be intimidating to make a foreign cuisine, the easy-to-follow instructions will help you in your journey to successfully cook authentic Nigerian food. This unique cuisine will surely impress your dinner guests no matter the occasion! Grab a copy of Nigerian Recipe Book and start cooking these authentic recipes today!

The rising star chef, food activist and author of *The Inspired Vegan* remixes foods of the African diaspora to outline creative but comprehensive vegan recipes for such options as Corn Maque Choux-Stuffed Jamaican Patties, Groundnut Stew and Crispy Teff-Grit Cakes. 17,500 first printing.

Winner of the James Beard Award for Best American Cookbook “ *Between Harlem and Heaven* presents a captivatingly original cuisine. Afro-Asian-American cooking is packed with unique and delicious layers of flavor. These stories and recipes lay praise to the immense influence the African Diaspora has had on global cuisine. ” — Sean Brock “ This is more than just a cookbook. Alexander and JJ take us on a culinary journey through space and time that started more than 400 years ago, on the shores of West Africa. Through inspiring recipes that have survived the Middle Passage to seamlessly embrace Asian influences, this book is a testimony to the fact that food transcends borders.” — Chef Pierre Thiam In two of the most renowned and historic venues in Harlem, Alexander Smalls and JJ Johnson created a unique take on the Afro-Asian-American flavor profile. Their foundation was a collective three decades of traveling the African diaspora, meeting and eating with chefs of color, and researching the wide reach of a truly global cuisine; their inspiration was how African, Asian, and African-American influences criss-crossed cuisines all around the world. They present here for the first time over 100 recipes that go beyond just one place, taking you, as noted by *The New Yorker*, “ somewhere between Harlem and heaven. ” This book branches far beyond "soul food" to explore the melding of Asian, African, and American flavors. The Afro Asian flavor profile is a window into the intersection of the Asian diaspora and the African diaspora. An homage to this cultural culinary path and the grievances and triumphs along the way, *Between Harlem and Heaven* isn ’ t fusion, but a glimpse into a cuisine that made its way into the thick of Harlem's cultural renaissance. JJ Johnson and Alexander Smalls bring these flavors and rich cultural history into your home kitchen with recipes for... - Grilled Watermelon Salad with Lime Mango Dressing and Cornbread Croutons, - Feijoada with Black Beans and Spicy

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Lamb Sausage, - Creamy Macaroni and Cheese Casserole with Rosemary and Caramelized Shallots, - Festive punches and flavorful easy sides, sauces, and marinades to incorporate into your everyday cooking life. Complete with essays on the history of Minton ' s Jazz Club, the melting pot that is Harlem, and the Afro-Asian flavor profile by bestselling coauthor Veronica Chambers, who just published the wildly successful Yes, Chef by Marcus Samuelsson, this cookbook brings the rich history of the Harlem food scene back to the home cook.

Nigerian Cooking Bible is an Ultimate Diary of Nigerian Foods, Nigerian Soups, Nigeria National Dishes, Nigerian Breakfast all Traditional Nigerian Recipes. Either you are a Nigerian, living in Nigeria who is almost (But not quite) Satisfied with your Cooking of Nigerian Food, and cant figure out what's missing or you are a Nigerian, who is based abroad and you need a sure system that can always guarantee you of Delicious Nigerian Food or African Dishes as a whole...then, this Nigeria Cookbook is exactly for you. Nigerian Cooking Bible contains over 100 Delicious and Carefully selected Traditional Nigerian Recipes that you can always be sure of. Over 12 Nigerian Nigerian Stew and Sauce Over 20 Nigerian Soups Recipe and Guideline (Nigeria Okra Soup, Nigerian Red Stew, Lumpy Nigerian Egunsu Soup e.t.c) Different Nigerian Rice Recipes (Nigerian Jollof Rice, Nigeria Fried Rice e.t.c) Nigerian Beans Recipes (Nigerian Moi-moi, Akara, Ewa Agonyi, e.t.c) Nigerian Yam Recipes (Asaro, Ifokore, Yam & Garden Egg, e.t.c) Tasty Nigerian Breakfast Recipes ...and much more. The Nigerian Cooking Bible is full of detailed cooking knowledge that will transform your skill of cooking Foods and African Dishes and make you an expert in no time. So, what are you waiting for?

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