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The Pros Hardcover
2009 Author Jim
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Swing The Proven

The "slot" refers to a couple of feet of swing path that lead to impact, the moment of truth in a swing.

His suggestions are not cast in concrete, and offer reasonable flexibilities base on a player's age, fitness, body type, etc. I was

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impressed enough to order another of his books, The 8-Step Swing, which should be arriving in the next week.

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The Slot Swing: The Proven

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The Slot Swing: The Proven Way to Hit Consistent and Powerful Shots Like the Pros. Hardcover – Download: Adobe Reader, Sept. 1 2009. by Jim McLean (Author) 4.4 out of 5 stars 89 ratings. See all formats and editions.

The Slot Swing: The Proven Way to Hit Consistent and ...

The book (with all the illustrations) is a pretty fast read but I really believe “The Slot” is one of the keys to becoming a consistent and powerful ball striker. To get the book go here: The Slot Swing: The Proven Way to Hit Consistent

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and Powerful Shots Like the Pros. The Kallassy Swing Magic Driver will help you re-inforce the slot position.

Finding "The Slot" in Your Golf Swing - GolfDashBlog

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The "slot" refers to a couple of feet of swing path that lead to impact, the moment of truth in a swing. His suggestions are not cast in concrete, and offer reasonable flexibilities base on a player's age, fitness, body type, etc. I was impressed enough to order another of his books, The 8-Step Swing, which should be arriving in the next

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way to hit consistent and

powerful shots like the

pros. [Jim McLean] -- Top

golfing instructor Jim

McLean shares the secret to

a better swing and a better

game It's what every great

golfer knows and every

struggling player wants to

know: how to find "the

slot," the ...

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Make a backswing, holding the club at the top of the swing. From that point, drop the club down to waist level, making sure to keep your right elbow close to your side. Pump the club through this motion two or three times, then release the club and hit the ball. Wall Drill. Suttie suggests

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another drill to help you get the feeling of being in the slot.

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With step-by-step

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instructions and more than eighty illustrations by leading golf illustrator Phil Franke, The Slot Swing makes it easy. Shows you how to find the perfect channel for a more powerful and consistent swing Shares McLean's secrets from more than twenty years as a top instructor to the greatest pros Features stunning two-color art by Phil Franke and a full-color foldout showing how the dramatically different swings of Tiger Woods, Sergio Garcia, Bruce Lietzke and Jim Furyk all end ...

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Top golfing instructor Jim McLean shares the secret to a better swing and a better game. It's what every great golfer knows and every struggling player wants to know: how to find "the slot," the perfect channel through which the shaft and club head can meet the ball on the downswing for a more powerful, accurate, and consistent swing. Great ball-strikers like Ben Hogan, Sam Snead, and Jack Nicklaus were slot swingers. Today, Tiger Woods, Sergio Garcia and Jim Furyk provide dramatic examples. Now leading golf instructor Jim McLean shows you how to find the slot to take your game

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To the next level. With step-by-step instructions and more than eighty illustrations by leading

golf illustrator Phil

Franke, The Slot Swing makes it easy. Shows you how to find the perfect channel for a more powerful and consistent swing Shares

McLean's secrets from more than twenty years as a top instructor to the greatest pros Features stunning two-color art by Phil Franke and a full-color foldout showing how the dramatically

different swings of Tiger Woods, Sergio Garcia, Bruce Lietzke and Jim Furyk all end up in the slot Written by the author of the classic

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book *The 8-Step Swing*, named one of the 20th Century's top 15 golf instructionals by *Sports Illustrated*. This book helps you get out of a golfing rut, get locked in to your slot, and find the sweet spot in your game.

In this indispensable instructional manual, PGA master coach Jim McLean presents the innovative swing method that has helped championship winners like Tom Kite and Brad Faxon elevate their game.

Jim McLean distills the essence of his fabulously successful method of golf instruction by breaking down

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The various parts of the golf swing. He draws on an unparalleled wealth of golfing knowledge and experience, grown out of decades of teaching all levels of players—pros and beginners alike—as a PGA Master Instructor. Golf students and instructors serious about improving their game and those who take courses through the #1-ranked Jim McLean Golf Schools will learn how to achieve the best results on the golf course.

This modern classic of golf instruction by renowned teacher Manuel de la Torre (the 1986 PGA Teacher of the

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Year and the #11 teacher in America as ranked by the editors of Golf Digest in 2007) presents a simpler approach to the golf swing based on Ernest Jones's principles. Understanding the Golf Swing includes information on the philosophy of the golf swing (with emphasis on the development of a true swinging motion), the most thorough analysis of ball flights available, and analysis of the principles of special shot play (including sand play, pitching, chipping, putting, and playing unusual shots) and the mental side of golf and effective course

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management. The final chapter offers an organized approach to understanding golf courses and playing conditions. The result is a blend of philosophy and practical advice found in few golf instructional books.

Recommends a series of drills for beginning and experienced golfers to improve their conditioning, alignment, swing, and other physical and mental skills.

If your golf game has been plagued by inconsistency and less-than-peak performance, you may be going against your "natural swing". But

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you can improve your golf game dramatically and you can beat bad habits by drawing on talents you already possess. The Natural Golf Swing will: - introduce you to your natural balance and rhythm - let you play consistently to your potential - allow you to enjoy a repeating swing - help you increase power and control with every swing According to champion golfer George Knudson, your swing is governed by laws of nature, and is subject to logical, physical fundamentals that are all too often ignored. By learning the simple principles outlined in this

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book, you will generate more powerful, accurate swings, reduce your score, and gain control over your game. Take advantage of Knudsen's more than 30 years experience on the pro circuit as he guides you step-by-step through the mechanics of the natural swing, from the important first step of maintaining proper balance through the backswing, down-swing, and finishing form. Extensive illustrations and drills help to clarify each step. Knudsen also shares his experience as a golfer on the tour, offering valuable insights into the roles that temperament and concentration play in

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winning. Consistent And

Powerful Shots Like The

Shows how to improve one's own natural style of play,

and suggests drills designed to bring balance to one's golf swing

Although there are fourteen clubs in a golf bag, most of the game is decided by just three: the driver, the wedge, and the putter. In THE 3-SCORING CLUBS, top PGA instructor Jim McLean gives you the tips and techniques to lower your score in a unique primer packed with more than 100 precision photos. Customizing his advice in each section for three skill levels—high

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handicaps, intermediate golfers, and scratch players—McLean tailors a set of lessons for golfers looking to elevate their game. Revealing the tips he's given to top PGA, Champions Tour, and LPGA players—including Tom Kite, Gary Player, Len Mattiace, and Christie Kerr—and to amateur golfers, THE 3-SCORING CLUBS shows you how to add more power and accuracy to drives; hit pitches and chips stiff to the hole; how a foolproof pendulum putting motion can shave crucial strokes from your round; and much more! U.S. News and World Report has rated the Jim McLean

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Golf Schools as the best in the nation, and McLean has been named the PGA Teacher of the Year. Now, with The 3 Scoring Clubs, everyone can enjoy his first-rate advice on golf's primary clubs, distilled in an effective, easy-to-use format.

It's time you had a smooth, fluid swing like PGA Tour pros. Golf tips and swing advice can only take you so far. In order to truly correct a flawed swing, the causes of the problems must be treated, not the symptoms. A bad swing doesn't always mean that you're doing things wrong---it's just that your

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body isn't letting you do things right. By understanding and changing your body you'll be able to correct your mechanics naturally so you can take your game to the next level. With the exact workouts used by some of the Tour's best golfers, as well as input and advice straight from the players themselves, this revolutionary golf-fitness book incorporates the latest in biomechanics research to fix swing flaws while strengthening the body's core and improving strength and balance to help golfers of all levels swing more like the pros. Beginning with assessments that

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determine where a golfer's body is too tight, not strong enough or out of balance, Fix Your Body, Fix Your Swing then provides specific, easy-to-follow exercises that correct whatever problems or limitations were revealed in the assessments. Just three twenty-minute workout sessions a week (only one hour a week!) will help anyone become a better golfer with a healthier, stronger body.

Shows how to add power to one's swing and drive the ball farther, based on the turn of the shoulders in relation to the hips

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